

I am an active middle aged person with a very stressful job as a nurse in an ICU. I suffered a small stroke in 2005 and was placed on lots of medications. I felt drugged and tired up all the time. I hated that feeling the medications gave me. I was anxious all the time. I needed something that would help me and not just cover my symptoms with pills. I looked into Acupuncture as an alternative treatment and found Nicole Rasor. She has helped me manage my stress and over come my anxiety. I'm still on medications but with less stress; i was able to lower my dosages. I still see Nicole for hormonal issues and knee pain on a regular basis. I love Acupuncture and can't say enough good things about how beneficial it was and is for me.

*Cindy RN*